 

**Hot Line: Taco**

**Refried beans, shredded**

**lettuce**

**Windows: Deep dish pizza**

**Cheeseburger, F fries**

**Hot Line: Carne asada**

**Fries, Tostitos chips**

**Windows: Mini hotdog,**

**Baked beans, chicken**

**Nuggets, cheesy potatoes**

**Hot Line: Pizza**

**Salad w/croutons**

**Windows: Pizza**

**Salad w/croutons**

**Hot Line: Chicken & veg**

**Egg roll, steamed rice**

**Windows: Chicken nuggets**

**Cheesy potatoes, buffalo**

**Chicken tot, Sunchips**

**Hot Line: French bread**

**Bread pizza, Salad**

**Windows: Bean & cheese**

**Burrito, Turkey sub**

**Sandwich, Doritos chips**

**Hot Line: Chicken strips**

**Baked beans, jicama**

**Windows: Grilled cheese**

**Sandwich, Doritos chips**

**Pizza pocket, apple**

**Hot Line: Pozole, chips**

**Tostitos, cabbage**

**Windows: Corn dog**

**Beans, Bean & cheese**

**Burrito, carroteenies**

**Hot Line: Pizza**

**Salad w/croutons**

**Windows: Pizza**

**Salad w/croutons**

**Hot Line: Barbacoa**

**Steamed rice, beans**

**Windows: Hot chicken**

**Wings, Doritos nacho**

**Chips, Corn**

**Offered daily**

**Variety fruit & vegetable options**

**All grains are whole grain rich. Choice of 1%**

**white milk or non-fat chocolate milk**

**SEPTEMBER 2024**

**FRANK WRIGHT LUNCH**

**Hot Line: Hot dog**

**French fries, Diced onion**

**Diced tomatoes, relish**

**Windows: Popcorn chicken**

**F fries, Mini hotdogs**

**All students will be offered five components at lunch. Meat/Meat Alternative, Bread/Grain, Fruit, Vegetables and Milk**

**Students must select a ½ cup serving of fruit or vegetable and two other components for a complete meal. Students may take all five components**

**INGREDIENTS AND MENU ITEMS ARE SUBJECT TO CHANGE OR SUBSTITUTION WITHOUT NOTICE**

**THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER MEALS ARE FREE TO ALL STUDENTS**



**Hot Line: Chicken**

**Nuggets, Corn**

**Windows: Chicken nuggets**

**Cheesy potatoes, Buffalo**

**Chicken tot, garden chips**

**Hot Line: Pizza**

**Salad w/croutons**

**Windows: Pizza**

**Salad w/croutons**

**Hot Line: Enchilada casserole, refried beans, lettu**

**Windows: Tamale, beans**

**Popcorn chicken, French**

**Fries, Baked beans**

**Hot Line: Bean & cheese**

**Burrito – salad w/croutons**

**Windows: Hamburger**

**French fries, French**

**Bread pizza, Apple**

**Hot Line: Hamburger**

**French fries, lettuce leaf**

**Windows: Chicken burger**

**French fries**

**Hot Line: Pizza**

**Salad w/croutons**

**Windows: Pizza**

**Salad w/croutons**

**Hot Line: Pozole**

**Tostitos chips, cabbage**

**Windows: Pozole, chips**

**Cabbage, Chicken**

**Tamale, pinto beans**

**Hot Line: Deep dish pizza**

**Salad w/croutons**

**Windows: French bread**

**Pizza, Hamburger**

**French fries,**

**Hot Line: Chicken burger**

**French fries, lettuce leaf**

**Windows: Turkey sandwich**

**Doritos nacho chips**

**Corn dog, beans**

**Hot Line: Spaghetti and**

**Meat, green beans**

**Windows: Buffalo chicken**

**Tot, Sunchips, Chicken nuggets, cheesy potatoes**